

## OCTOBER EZINE 2007

### LIVE life well-

#### BY DESIGN OR DEFAULT

It's a principal that all things are created twice, but not all first creations are by conscious design. In our personal lives, if we do not develop our own self-awareness and become responsible for first creations, we empower other people and circumstances outside our Circle of Influence to shape much of our lives by default. We reactively live the scripts handed to us by family, associates, other people's agendas, the pressures of circumstance-scripts from our earlier years, from our training, our conditioning.

These scripts come from people, not principles. And they rise out of our deep vulnerabilities, our deep dependency on others and our needs for acceptance and love, for belonging, for a sense of importance and worth, for a feeling that we matter.

Whether we are aware of it or not, whether we are in control of it or not, there is a first creation to every part of our lives. We are either the second creation of our own proactive design, or we are the second creation of other people's agendas, of circumstances, or of past habits.

The unique human capacities of self-awareness, imagination, and conscience enable us to examine first creations and make it possible for us to take charge of our first creation, to write our own script. In other words, there are habits we must develop: Habit 1) Remember you are the creator of your better world that is governed by your thoughts; Habit 2) Be a leader by design!!!

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People talk about the meaning of life; there is no meaning of life--there are lots of meanings of different lives, and you must decide what you want your own to be." -- Joseph Campbell

Make the most of this moment-purposely invest in the Universe!!!

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